

The course instructor is **Marilou Quintana, BSN, RN, CCRN, MSN-FNP.** She graduated her BSN from RTR Medical Foundation College of Nursing Tacloban City, Leyte, Philippines. Her leadership, excellent clinical performance and outstanding student has earned her several awards. She achieved the top score on the December 1991 Philippine Nurse Licensure Examination given by the Board of Nursing in Manila. She has been a nurse for 21 years with hospital experience in ICU,CCU, CVICU and has been teaching the NCLEX review program for 12 years as well as ACLS in the US. She received her MSN Family Nurse Practitioner from the University of Cincinnati. She is a member of the American Association of Critical Care Nurses, Honor Society of Nursing, Sigma Theta Tau International and the American Association of Nurse Practitioners. Her RN license is active in WY, WI and Georgia.

Marilou is married to a physician and has two children. She lives a simple life and is a role model of healthy lifestyle thru eating and exercise. She enjoys spending time with her family and her beloved in laws. Her personal interests are reading, listening to classical music, playing the piano, outdoor activities of hiking, walking, skiing and tennis. She is active in church activities. She also likes to travel and is multilingual, speaking English,Tagalog, Visayan, Waray, Cantonese, Mandarin Chinese and hopefully Malayalam soon.

She believes that nurses who have finished their degrees in nursing should use their knowledge to be productive members of US society and pass their LPN or RN certification. She is also passionate about the prevention of childhood obesity through anticipatory guidance of families.